

## Address

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[www.kreis-unna.de/skb](http://www.kreis-unna.de/skb)



### Appointments

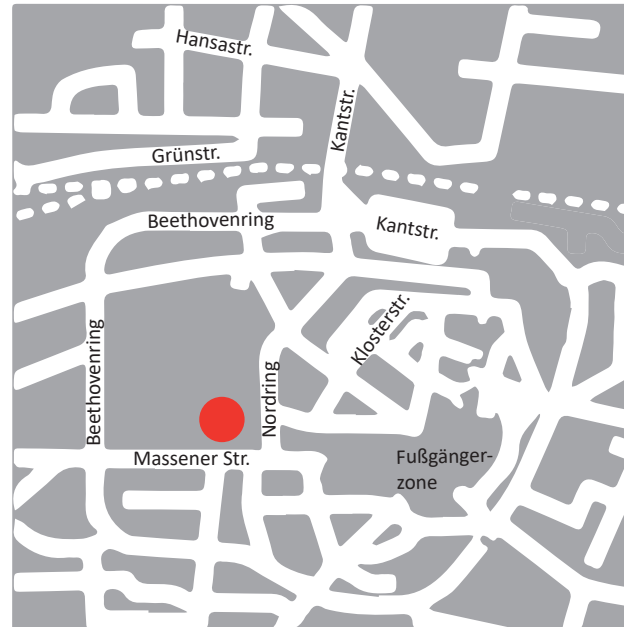
- ▶ by prior agreement  
(in person, on the phone, via video)

### Our advice is

- ▶ free
- ▶ anonymous
- ▶ and we are bound by a duty of confidentiality

## How to find us

### Unna



### Legal notice

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[www.kreis-unna.de](http://www.kreis-unna.de)

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# COUNSELLING CENTRE FOR

Pregnancy Choices

Pregnancy and Family Planning



## *We can provide advice ...*

- ▶ on pregnancy choices
- ▶ if you are thinking about an abortion and would like written confirmation of counselling
- ▶ on general questions or issues during pregnancy
- ▶ if your pregnancy is causing you stress or you would like to receive information about possible help
- ▶ concerning prenatal diagnostics and after notification of abnormal findings
- ▶ after an abortion, a miscarriage or a still birth
- ▶ during the decision-making process if you are thinking about putting your child up for adoption
- ▶ on issues relating to family planning and birth control
- ▶ on social and financial assistance for pregnant women

## *We can provide information...*

- ▶ about existing family benefits and help for children and families
- ▶ if you have problems at work or with your studies, education or training as a result of your pregnancy
- ▶ about the allocation of financial aid from the “Mother and child – Protection of unborn children” national foundation
- ▶ about the methods used to perform an abortion

## *We support you ...*

- ▶ after the birth of your child
- ▶ in asserting your statutory rights
- ▶ in finding childcare for your child
- ▶ after an abortion, a miscarriage or a still birth

## *We provide ...*

- ▶ sex education services for young people and schools
- ▶ “Time to think about babies”, a project for young people
- ▶ multiplier training for the “Time to think about babies” project
- ▶ advanced training for teachers, educators and parents on sex education issues